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# Health Insurance

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**Excellus BCBS: Bronze Standard HSA** 

A nonprofit independent licensee of the BlueCross BlueShield Association

**Coverage Period: 01/01/2020 - 12/31/2020** 

**Coverage for:** Family | **Plan Type:** EPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

**This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-499-1275 or visit Our website at www.excellusbcbs.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or www.healthcare.gov/sbc-glossary or call 1-800-499-1275 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	In-Network: \$5,500 Individual/\$11,000 Family; Out-of-Network: Not Applicable	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes, <u>Preventive Care</u>	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	In-Network: \$6,550 Individual/\$13,100 Family; Out-of-Network: Not Applicable	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Costs for <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.excellusbcbs.com or call 1-800-499-1275 for a list of <u>network</u> <u>providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist?</u>	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What Y	ou Will Pay		
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	50% <u>Coinsurance</u>	Not Covered	None	
	<u>Specialist</u> visit	50% Coinsurance	Not Covered		
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	Adult Physical: No Charge Adult Immunizations: No Charge Well Child Visit: No Charge Deductible does not apply	Adult Physical: Not Covered Adult Immunizations: Not Covered Well Child Visit: Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.  1 Exam per contract year	
	<u>Diagnostic test</u> (x-ray, blood work)	X-Ray: 50% <u>Coinsurance</u> Blood Work: 50% <u>Coinsurance</u>	X-Ray: Not Covered Blood Work: Not Covered	None	
If you have a test	Imaging (CT/PET scans, MRIs)	50% Coinsurance	Not Covered		
If you need drugs to treat your illness or condition	Tier 1 (Generic drugs)	\$10/prescription retail, \$25/ prescription mail order	Not Covered	Covers up to a 30-day supply (retail); 90-day supply (mai	
More information about prescription drug coverage	Tier 2 (Preferred brand drugs)	\$35/prescription retail, \$87.50/ prescription mail order	Not Covered	order)/prescription <u>Preauthorization</u> required. If you don't get a <u>preauthorization</u> , you must pay the entire cost and submit a	
is available at www.excellusbcbs.com/rxlist	Tier 3 (Non-preferred brand drugs)	\$70/prescription retail, \$175/ prescription mail order	Not Covered	claim to us for reimbursement.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	50% <u>Coinsurance</u>	Not Covered	None	
surgery	Physician/surgeon fees	50% Coinsurance	Not Covered		
	Emergency room care	50% Coinsurance	50% Coinsurance	None	
If you need immediate medical attention	Emergency medical transportation	50% Coinsurance	50% Coinsurance	None	
incurcui accention	<u>Urgent care</u>	50% Coinsurance	Not Covered	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	50% Coinsurance	Not Covered	None	
	Physician/surgeon fees	50% Coinsurance	Not Covered	IVUITE	
If you need mental health,	Outpatient services	50% Coinsurance	Not Covered	None	

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at www.excellusbcbs.com

		What You Will Pay		Linds of Francisco College	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
behavioral health, or substance abuse services	Inpatient services	50% <u>Coinsurance</u>	Not Covered		
	Office visits	No Charge	Not Covered	<u>Cost sharing</u> does not apply for <u>preventive services</u> .	
If you are pregnant	Childbirth/delivery professional services	50% <u>Coinsurance</u>	Not Covered	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.). Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply.	
	Childbirth/delivery facility services	50% Coinsurance	Not Covered	None	
	Home health care	50% Coinsurance	Not Covered	40 Visits per contract year limit	
	Rehabilitation services	50% Coinsurance	Not Covered	60 Visits per contract year limit	
	Habilitation services	50% Coinsurance	Not Covered	60 Visits per contract year limit	
If you need help recovering or have other special	Skilled nursing care	50% Coinsurance	Not Covered	200 Days per contract year limit	
health needs	Durable medical equipment	50% Coinsurance	Not Covered	None	
	Hospice services	50% <u>Coinsurance</u>	Not Covered	210 Days per contract year limit Family bereavement counseling limited to 5 Visits per contract year	
	Children's eye exam	50% Coinsurance	Not Covered	1 Exam per contract year	
If your child needs dental or eye care	Children's glasses	50% Coinsurance	Not Covered	1 Purchase per contract year	
oi eye tare	Children's dental check-up	Not Covered	Not Covered	None	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

• Acupuncture

Cosmetic surgery

Dental care (Adult)

Dental care (Child)

Long-term care

• Non-emergency care when traveling outside the U.S.

Private-duty nursing

• Routine eye care (Adult)

Routine foot care

Weight loss programs

<sup>\*</sup> For more information about limitations and exceptions, see <u>plan</u> or policy document at www.excellusbcbs.com

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion
- Bariatric surgery

Chiropractic care

Hearing aids

Infertility treatment

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/contactEBSA/consumerassistance.html. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="Health Insurance Marketplace">Health Insurance Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit www.HealthCare.gov or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the phone number on Your ID card or www.excellusbcbs.com; Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform; New York State Department of Financial Services Consumer Assistance Unit at 1-800-342-3736 or www.dfs.ny.gov. Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Consumer Assistance Program at 1-888-614-5400, or e-mail cha@cssny.org or www.communityhealthadvocates.org. A list of states with Consumer Assistance Programs is available at: www.dol.gov/ebsa/healthreform and www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants.

#### **Does this plan provide Minimum Essential Coverage? Yes**

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.

<sup>\*</sup> For more information about limitations and exceptions, see plan or policy document at www.excellusbcbs.com

#### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg	is l	Havi	nq	a E	Bal	y

(9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$5,500
<u>Coinsurance</u>	50%
Hospital (facility) <u>coinsurance</u>	50%
Other coinsurance	<b>50</b> %

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

#### Total Example Cost \$12,710

#### In this example, Peg would pay:

Cost Sharing				
<u>Deductibles</u>	\$5,500			
<u>Copayments</u>	(\$0			
<u>Coinsurance</u>	\$1,050			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$6,610			

#### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The <u>plan's</u> overall <u>deductible</u>	\$5,500
<u>Coinsurance</u>	50%
Hospital (facility) <u>coinsurance</u>	50%
Other coinsurance	50%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (glucose meter)

Total Example Cost	\$7,390
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#### In this example, Joe would pay:

Cost Sharing			
<u>Deductibles</u>	\$5,500		
Copayments	\$50		
Coinsurance	\$800		
What isn't covered			
Limits or exclusions			
The total Joe would pay is	\$6,400		

#### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$5,500
Coinsurance	50%
Hospital (facility) <u>coinsurance</u>	50%
Other coinsurance	50%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)
Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

<b>Total Exam</b>	ple Cost	\$1,930
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## In this example, Mia would pay (This condition is not covered, so patient pays 100%):

Cost Sharing			
<u>Deductibles</u>	\$1,930		
Copayments	\$0		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1,930		

# **Notice of Nondiscrimination**

race, color, national origin, age, disability, or sex. The Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of

# The Health Plan:

- with us, such as: Provides free aids and services to people with disabilities to communicate effectively
- Qualified sign language interpreters
- 0 Written information in other formats (large print, audio, accessible electronic formats, other formats)
- as: Provides free language services to people whose primary language is not English, such
- Qualified interpreters
- Information written in other languages

If you need these services, please refer to the enclosed document for ways to reach us

another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: If you believe that the Health Plan has failed to provide these services or discriminated in

Advocacy Department

Attn: Civil Rights Coordinator

PO Box 4717

Syracuse, NY 13221

Telephone number: 1-800-614-6575

TTY number: 1-800-421-1220

Fax: 315-671-6656

Health Plan's Civil Rights Coordinator is available to help you. You can file a grievance in person or by mail or fax. If you need help filing a grievance, the

Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at: You can also file a civil rights complaint with the U.S. Department of Health and Human

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <a href="http://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

enclosed document for ways to reach us. Attention: If you speak English free language help is available to you. Please refer to the

Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros. Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted.

注意:如果您说中文,我们可为您提供免费的语言协助。 请参见随附的文件以获取我们的联系方式。

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dokiman ki nan anvlòp la pou jwenn fason pou kontakte nou. Si ou pale Kreyòl Ayisyen gen èd gratis nan lang ki disponib pou ou. Tanpri gade

LTJ 아IE 주세요: 한국어를 사용하시는 경우, 무료 언어 지원을 문서를 참조하시기 바랍니다. [년 | | | | ٦≻ 있습니다. 이 표수 하면

gratuita. Per sapere come ottenerla, consultate il documento allegato. Attenzione: Se la vostra lingua parlata è l'italiano, potete usufruire di assistenza linguistica

אויפמערקזאם: אויב איר רעדט אידיש, איז אומזיסטע שפראך הילף אוועילעבל פאר אייך ביטע רעפערירט צום בייגעלייגטן דאקומענט צו זען אופנים זיך צו פארבינדן מיט אונז.

যোগাযোগ করার জন্য অনুগ্রহ করে সংযুক্ত নখি পড়ুন। যদি আপনি বাংলা ভাষায় কথা বলেন ভাহলে আপনার জন্য সহায়তা উপলত্য রয়েছে। আমাদের মঙ্গে

załączony dokument w celu uzyskania informacji na temat sposobów kontaktu z nami. Uwaga: jeśli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Patrz

تنبيه: إذا كنت تتحدث اللغة العربية، فإن المساعدة اللغوية المجانية متاحة لك. يرجى الرجوع إلى الوثيقة المرفقة لمعرفة كيفية الوصول إلينا.

Consultez le document ci-joint pour savoir comment nous joindre Remarque: si vous parlez français, une assistance linguistique gratuite vous est proposée

نوٹ: اگر آپ اردو بولتے ہیں تو آپ کے لیے زبان کی مفت مدد دستیاب ہے۔ ہم سے رابطہ کرنے طریقوں کے لیے منسلک دستاویز ملاحظہ کریں۔

sa amın. Mangyaring sumangguni sa nakalakip na dokumento para sa mga paraan ng pakikipag-ugnayan Paunawa: Kung nagsasalita ka ng Tagalog, may maaari kang kuning libreng tulong sa wika

τρόπους επικοινωνίας μαζί μας. Προσοχή: Αν μιλάτε Ελληνικά μπορούμε να σας προσφέρουμε βοήθεια στη γλώσσα σας Δείτε το έγγραφο που εσωκλείεται για πληροφορίες σχετικά με τους διαθέσιμους

bashkëlidhur për mënyra se si të na kontaktoni. Kujdes: Nëse flisni shqip, ju ofrohet ndihmë gjuhësore falas. Drejtojuni dokumentit