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## Health Insurance

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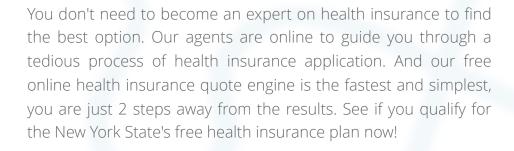
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## Save time and money

**Get Quotes Now** 

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the monthly <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.fideliscare.org</u> or call 1-888-FIDELIS (1-888-343-3547). For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at www.fideliscare.org or call 1-888-FIDELIS (1-888-343-3547) to request a copy.

<b>Important Questions</b>	Answers	Why This Matters:	
What is the overall deductible?	\$4,425 individual / \$8,850 Family	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1 <sup>st</sup> ). See the chart starting page 2 for how much you pay for covered services after you meet the <u>deductible</u> .	
Are there services covered before you meet your <u>deductible?</u>	Yes – Preventive care is covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. Copayments or coinsurance may still apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible See a list of covered preventive services at: <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>	
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers	
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$8,150 individual / \$16,300 family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.	
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, balance-billed charges, and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .	
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes – This plan does not cover most services provided out of network	It is important to make sure your provider is in-network, otherwise your claim might not be covered. This plan covers emergency services out of network.	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the in-network <b>specialist</b> you choose without permission from this plan.	

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	50% Coinsurance after deductible	Not covered	None.
If you visit a health	Specialist visit	50% Coinsurance after deductible	Not covered	None.
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	No cost-sharing applies for services provided according to the guidelines outlined in section 2713 of the Affordable Care Act (ACA).
	<u>Diagnostic test</u> (x-ray, blood work)	50% Coinsurance after deductible	Not covered	Prior authorization required for diagnostic radiology except x-ray.
If you have a test	Imaging (CT/PET scans, MRIs)	50% Coinsurance after deductible	Not covered	Prior authorization is required for certain blood work and diagnostic imaging except x-ray.
	Generic drugs	\$10 copay after deductible/prescription (retail), \$25 copay after deductible/prescription (mail order)	Not covered	Covers up to 30 day supply at retail and up to 90 day supply through mail order. Prior authorization/step therapy may be required. Covered through CVS/Caremark. For questions, please call: 1-888-FIDELIS (1-888-343-3547)  Retail: 30 day supply Mail Order: 90 day supply
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at	Preferred brand drugs	\$35 copay after deductible/prescription (retail), \$87.50 copay after deductible/prescription (mail order)	Not covered	
www.fideliscare.org	Non-preferred brand drugs	\$70 copay after deductible/prescription (retail), \$175 copay after deductible/prescription (mail order)	Not covered	Diabetic medication and supplies are subject to the primary care provider cost-sharing.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.fideliscare.org.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Specialty drugs	\$70 copay after deductible/prescription (retail)	Not covered	
If you have	Facility fee (e.g., ambulatory surgery center)	50% Coinsurance after deductible	Not covered	Prior authorization is required.
outpatient surgery	Physician/surgeon fees	50% Coinsurance after deductible	Not covered	Prior authorization is required.
If you need	Emergency room care	50% Coinsurance after deductible	50% Coinsurance after deductible	None.
If you need immediate medical attention	Emergency medical transportation	50% Coinsurance after deductible	50% Coinsurance after deductible	None.
attention	Urgent care	50% Coinsurance after deductible	Not covered	None.
If you have a	Facility fee (e.g., hospital room)	50% Coinsurance after deductible	Not covered	Prior authorization is required for elective hospitalizations.
hospital stay	Physician/surgeon fees	50% Coinsurance after deductible	Not covered	Prior authorization is required for elective hospitalizations.
If you need mental health, behavioral	Outpatient services	50% Coinsurance after deductible	Not covered	Prior authorization is required.
health, or substance abuse services	Inpatient services	50% Coinsurance after deductible	Not covered	Prior authorization is required except for emergency admissions.
	Office visits	50% Coinsurance after deductible	Not covered	None.
If you are pregnant	Childbirth/delivery professional services	50% Coinsurance after deductible	Not covered	Prior authorization is required.
	Childbirth/delivery facility services	50% Coinsurance after deductible	Not covered	Prior authorization is required.
If you need help recovering or have	Home health care	50% Coinsurance after deductible	Not covered	Up to 40 home health care visits are covered per condition per year.
other special health needs	Rehabilitation services	50% Coinsurance after deductible	Not covered	Up to 60 visits are covered per condition per year.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.fideliscare.org.

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help	Habilitation services	50% Coinsurance after deductible	Not covered	Up to 60 visits are covered per condition per year.
recovering or have other special health	Skilled nursing care	50% Coinsurance after deductible	Not covered	Up to 200 days are covered per year.
needs	Durable medical equipment	50% Coinsurance after deductible	Not covered	Repairs and replacements are covered when necessary due to normal wear and tear. Repairs and replacements that result from misuse or abuse are not covered.
	Hospice services	50% Coinsurance after deductible	Not covered	Prior authorization required. Up to 210 days covered / year. Inpatient hospice is subject to inpatient hospital costsharing.
	Children's eye exam	50% Coinsurance after deductible	Not covered	1 per 12-month period for children under the age of 19. If you have questions, please call Davis Vision at: 1-800-999-5431
If your child needs dental or eye care	Children's glasses	50% Coinsurance after deductible	Not covered	Eyewear coinsurance applies to the combined cost of lenses and frame, also applies to contact lenses – Limits may apply. Covered for children under the age of 19.  If you have questions, please call Davis Vision at: 1-800-999-5431
	Children's dental check-up	50% Coinsurance after deductible	Not covered	1 per 6-month period for children under the age of 19. If you have questions, please call Dentaquest at: 1-800-516-9615

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.fideliscare.org.

#### **Excluded Services & Other Covered Services:**

## Services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

Cosmetic surgery

Routine foot care

- Private duty nursing
- Routine dental care (adult)

Long-term careRoutine eye care (adult)

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Fitness center reimbursement

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

Department of Financial Service Consumer Assistance Unit One Commerce Plaza Albany, New York 12257 Fax: (212) 480-6282

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, contact: Fidelis Member Services at 1-888-FIDELIS, or visit <a href="www.nystateofhealth.ny.gov">www.nystateofhealth.ny.gov</a> or call 1-855-355-5777.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

New York State Department of Health
Office of Health Insurance Programs
Bureau of Consumer Services – Complaint Unit
Corning Tower – OCP Room 1609
Albany, NY 12237
E-mail: managedcarecomplaint@health.ny.gov
Website: www.health.ny.gov
1-800-206-8125

New York State Department of Financial Services Consumer Assistance Unit

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.fideliscare.org.

One Commerce Plaza Albany, NY 12257 Website: www.dfs.ny.gov

1-800-342-3736

If You need assistance filing a Grievance or Appeal, You may also contact the state independent Consumer Assistance Program at:

Community Health Advocates 633 Third Avenue, 10th Floor

New York, NY 10017

Or call toll free: 1-888-614-5400, or e-mail cha@cssny.org

Website: www.communityhealthadvocates.org

#### Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-FIDELIS (1-888-343-3547)

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-FIDELIS (1-888-343-3547)

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-FIDELIS (1-888-343-3547)

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-FIDELIS (1-888-343-3547)

To see examples of how this plan might cover costs for a sample medical situation, see the next section.—

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.fideliscare.org.

#### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

#### Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible

Specialist coinsurance

Hospital (facility) coinsurance

Other coinsurance

\$4,425

50%

## This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (*ultrasounds and blood work*)

Specialist visit (anesthesia)

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$4,425
■ Specialist coinsurance	50%
■ Hospital (facility) coinsurance	50%
■ Other coinsurance	50%

## This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

## Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,425
■ Specialist coinsurance	50%
■ Hospital (facility) coinsurance	50%
■ Other coinsurance	50%

## This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment *(crutches)* Rehabilitation services *(physical therapy)* 

<b>Total Example Cost</b>	\$12,731

In this example, Peg would pay:

in this example, i eg would pay.		
Cost Sharing		
\$4,425		
\$0		
\$3,725		
What isn't covered		
\$60		
\$8,210		

Total Example Cost	\$7,399
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In this example, Joe would pay:

Cost Sharing		
Deductibles	\$4,425	
Copayments	\$765	
Coinsurance	\$1,463	
What isn't covered		
Limits or exclusions \$5		
The total Joe would pay is	\$6,708	

In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,925	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,925	